Elmhurst Digestive & Liver Diseases ElmhurstGl.com

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Bariatric Surgery

In order to be a candidate for surgery you must:

- BMI ≥ 40, or more than 100 pounds overweight.
- BMI ≥ 35 and at least one or more obesity-related co-morbidities such as type II diabetes (T2DM), hypertension, sleep apnea and other respiratory disorders, non-alcoholic fatty liver disease, osteoarthritis, lipid abnormalities, gastrointestinal disorders, or heart disease.
- Inability to achieve a healthy weight loss sustained for a period of time with prior weight loss efforts.

	GASTRIC BYPASS	GASTRIC SLEEVE	LAP BAND
WHAT HAPPENS?	Part of the stomach is stapled. The new smaller pouch is connected to the intestine (bypasses digestion)	Part of the stomach is removed.	An inflatable band is placed on upper part of stomach, forming a new pouch.
	Bypassed segment same and segment same a	New stomach pouch Stomach that is removed	
LENGTH OF SURGERY	Performed open or laparoscopically. Hospital stay is about 3 days.	Performed laparoscopically. Hospital stay is about 3 days	Performed laparoscopically. Hospital stay is less than 1 day.
SIZE OF NEW POUCH	About 5% of stomach is usable	About 15% of stomach left and usable.	Variable
REVERSIBLE?	Yes, but extremely difficult	Permanent	Yes
AVERAGE WEIGHT LOSS	50-70% within 2 years	30-50% within 1 year	40-60% within 2 years

Sources: https://asmbs.org/patients/who-is-a-candidate-for-bariatric-surgery